

Spirit Wars ~ Episode 6
Breaking Free From Strongholds

**When you rehearse and believe a lie on repeat,
you're in what the Bible calls a "stronghold,"
and God gives you the power to break free.**

The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

2 Corinthians 10:4-5 NIV

1. _____ starts with _____.
2. The lie becomes a _____ for a _____.
3. _____ starts when we _____.

For the kind of sorrow God wants us to experience leads us away from sin and results in salvation. There's no regret for that kind of sorrow. But worldly sorrow, which lacks repentance, results in spiritual death.

2 Corinthians 7:10 NLT

- (1) Think about where you have fallen from, and then (2) turn back and (3) do as you did at first.

Revelation 2:5 CEV

4. _____ flourishes _____.

The Word became a human being and, full of grace and truth, lived among us. We saw his glory, the glory which he received as the Father's only Son... Out of the fullness of his grace he has blessed us all, giving us one blessing after another.

John 1:14,16 TEV

5. _____ continues as we _____.

You are truly my disciples if you remain faithful to my teachings. And you will know the truth, and the truth will set you free.

John 8:31-32 NLT

With the arrival of Jesus, the Messiah, that fateful dilemma is resolved. Those who enter into Christ's being-here-for-us no longer have to live under a continuous, low-lying black cloud. A new power is in operation. The Spirit of life in Christ, like a strong wind, has magnificently cleared the air, freeing you from a fated lifetime of brutal tyranny at the hands of sin and death.

Romans 8:1-2 Message

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