

## Spirit Wars ~ Episode 4

### Get Your Shields Up! (aka Put Your Armor On!)

**God has given you everything you need for the battle,  
but you must decide each and every day  
to suit up with truth, faith, and righteousness!**

*<sup>13</sup> Therefore, put on every piece of God's armor so you will be able to resist the enemy in the time of evil. Then after the battle you will still be standing firm.*

*<sup>14</sup> Stand your ground, putting on the belt of truth and the body armor of God's righteousness. <sup>15</sup> For shoes, put on the peace that comes from the Good News so that you will be fully prepared.*

*<sup>16</sup> In addition to all of these, hold up the shield of faith to stop the fiery arrows of the devil. <sup>17</sup> Put on salvation as your helmet, and take the sword of the Spirit, which is the word of God.*

**Ephesians 6:13-17 NLT**

#### The Belt of Truth (vs. 14)

**Start your day with:** *God, I want to know and to walk in your truth today.*

#### The Body Armor of Righteousness (vs. 14)

*I no longer count on my own righteousness through obeying the law; rather, I become righteous through faith in Christ. For God's way of making us right with himself depends on faith. Phil 3:9 NLT*

**Start your day with:** *God, help me to recognize Jesus' righteousness in my life and to walk uprightly.*

#### Shoes of Peace from the Gospel (vs. 15)

*How beautiful are the feet of messengers who bring good news!*

**Romans 10:15 NLT**

**Start your day with:** *God, help me to have peace today because of the good news, and help me to leave footprints of the gospel wherever I go in battle.*

#### The Shield of Faith (vs. 16)

**Start your day with:** *God, help me to believe you at all times and rebuke lies with truth by faith.*

#### The Helmet of Salvation (vs. 17)

**Start your day with:** *God, protect my mind today. Help me to think thoughts that are good, gospel-centered, positive, peaceful, and purposeful.*

#### The Sword of the Spirit (vs. 17)

*For the Word that God speaks is alive and full of power [making it active, operative, energizing, and effective]; it is sharper than any two-edged sword, penetrating to the dividing line of the breath of life (soul) and [the immortal] spirit, and of joints and marrow [of the deepest parts of our nature], exposing and sifting and analyzing and judging the very thoughts and purposes of the heart.*

**Hebrews 4:12 Amplified**

**Start your day with:** *God, help me to store your words in my heart, and bring me fresh words in the moments of battle and temptation. Remind me of your truth.*

*Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere.*

**Ephesians 6:18 NLT**