

**SMALL THINGS, BIG DIFFERENCE - 4  
HABITS**

**IT'S THE \_\_\_\_\_ THINGS THAT NO ONE SEES  
THAT RESULT IN THE \_\_\_\_\_ THINGS  
EVERYONE WANTS.**

**DISCIPLINE IS CHOOSING BETWEEN WHAT YOU  
WANT \_\_\_\_\_ AND WHAT YOU WANT \_\_\_\_\_.**

**WHY AM I SO INCONSISTENT?**

*<sup>15</sup> I don't really understand myself, for I want to do what is right, but I don't do it. Instead, I do what I hate. <sup>18</sup> ... I want to do what is right, but I can't. <sup>19</sup> I want to do what is good, but I don't. I don't want to do what is wrong, but I do it anyway. <sup>20</sup> But if I do what I don't want to do, I am not really the one doing wrong; it is sin living in me that does it. <sup>24</sup> Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death? <sup>25</sup> Thank God! The answer is in Jesus Christ our Lord...*  
Romans 7:15, 18-20, 24-25 NLT

**TRAINING TO WIN WHAT MATTERS MOST**

*<sup>24</sup> Don't you realize that in a race everyone runs, but only one person gets the prize? So run to win! <sup>25</sup> All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. 1 Corinthians 9:24-25 NLT*

*So I run with purpose in every step. I am not just shadowboxing. <sup>27</sup> I discipline my body like an athlete, training it to do what it should... 1 Corinthians 9:26-27 NLT*

- **WHAT DO YOU WANT MOST?**

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- **MY ONE DISCIPLINE: WHAT DO YOU NEED TO DO NOW TO HAVE WHAT YOU WANT MOST?**

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**TALK IT OVER**

- Where in life are you most lacking discipline? How has that affected you?
- What's the one thing you want most?
- What do you need to do now to have what you want most?