

**MY STORY—2
I DECIDED TO STOP**

- **THE DECISIONS YOU MAKE _____ DETERMINE THE STORIES YOU TELL _____.**
- _____, **NOT _____, DETERMINES _____.**

Let us fix our eyes on Jesus, the author and perfecter of our faith...
Hebrews 12:2

I DECIDED TO

- _____
- _____
- _____
- _____

¹⁷ *Moses' father-in-law replied, "What you are doing is not good.*
¹⁸ *You and these people who come to you will only wear yourselves out. The work is too heavy for you; you cannot handle it alone. ¹⁹ Listen now to me and I will give you some advice, and may God be with you...*
Exodus 18:17-19

"...That will make your load lighter, because they will share it with you. ²³ If you do this and God so commands, you will be able to stand the strain, and all these people will go home satisfied." ²⁴ *Moses listened to his father-in-law and did everything he said.* Exodus 18:22-24

REASONS TO STOP

- 1) YOU DON'T KNOW WHAT YOU'RE _____
IF YOU STOP.**

- 2) YOU DON'T KNOW WHAT IT WILL _____
YOU IF YOU _____.**

- **WHAT DOES GOD WANT YOU TO WANT?**

- **WHAT DOES GOD WANT YOU TO STOP?**

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles, and let us run with perseverance the race marked out for us. ² Let us fix our eyes on Jesus, the author and perfecter of our faith. Hebrews 12:1-2

TALK IT OVER

- What regrets do you struggle with most? How have these regrets affected you?
- What's getting in the way of what God wants you to want?
- What's one thing you will stop doing today? What's your next step?